

SECONDARY Schools PE Department Briefing Autumn Term 2



NORTHAMPTONSHIRE SPORT—MOVE TO A CHARITY

Since 2001 Northamptonshire Sport have been hosted by Northamptonshire County Council but on the 1st October 2020 Northamptonshire Sport became a registered charity, something that the organisation have been working hard to achieve for the last 12 months. This transfer to charity status will allow the organisation greater flexibility and more opportunities. Whilst Northampton Academy is the host school of the Northampton School Sport Partnership, Northamptonshire Sport has been the employer and host organisation since 2011.

Both mine and Alex Mitchell's roles and contact phone numbers will remain the same however our **E-MAIL ADDRESS** have changed

Natalie Lawrence School Sport Manager
Natalie.lawrence@northamptonshiresport.org | 07912 892081

Alex Mitchell Sports Development Officer—School Sport
Alex.mitchell@northamptonshiresport.org | 07921 092801

NORTHAMPTONSHIRE SPORT—NEW WEBSITE

A long overdue revamp of the Northamptonshire Sport website has also taken place in the last month. It has a re-freshed look and is much easier to navigate and find the information you are seeking. The school sport pages have been updated and now contain a significant amount of information from the PE and Sport Premium funding to competitions and leadership and volunteering.

WHAT HAS BEEN THE IMPACT OF THE FIRST CORONAVIRUS LOCKDOWN ON CHILDREN AND YOUNG PEOPLE? HOW CAN WE INFLUENCE THE CHANGE?

The majority of U16'S (93%) continued to do something to stay active but the *amount* of activity they were doing fell;
★ 19% did recommended 60 active minutes per day
★ 43% did less than 30 minutes per day
★ 7% did nothing

How do we raise the profile of the Chief Medical Officer recommendation
How can schools build this into their PE & Sport Premium planning?

37% of children and young people said that they now see sport and Physical Education as more important to their lives than they did before lockdown

How do we make the other 63% of children and young people understand the positive health, wellbeing and achievement outcomes that transpire through participation in regular PE?

13% of children from less affluent backgrounds did no exercise vs. 6% from more affluent backgrounds

How can schools build, plan and deliver truly inclusive offers?

9% of secondary school pupils did nothing vs. 5% of primary pupils

How can schools motivate, inspire and encourage pupils from a distance?

Over a quarter (27%) of children and young people said that doing PE, sport and exercise had made them feel better during restrictions

How do schools provide children and young people with positive in-school experiences and support them to be active in the wider community?

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- ★ **INCLUSION:** LimbPower, Training opportunities, Blended Netball
- ★ **MISC:** Teacher Training, Facility funding, Satellite Clubs funding
- ★ **EXTERNAL PARTNERS:** NGB updated resources for schools

TO DO LIST...

- ★ Complete Inclusive Health Check
- ★ Complete School Games Mark Framework Self Reflection

TERMS EVENTS

- ★ Virtual INTRA-SCHOOL Gymnastics skills & comp
- ★ Virtual INTRA-SCHOOL Sportshall Athletics skills & comp
- ★ Virtual INTER-SCHOOL KS2 Badminton competition

SCHOOL GAMES MARK SUSPENDED FOR A FURTHER YEAR

The Youth Sport Trust has taken the hard decision to suspend the national School Games Mark Award for a further year. They felt that the demands of the criteria and the demands that schools faced returning to school having to deliver a recovery curriculum and the uncertainty around further lockdowns and school closures was too significant.

To support schools to continue to place PE and school sport at the heart of their school, and to position school games within a recovery curriculum, the YST has launched the School Games Mark Framework.

Purpose

A development tool to help you self reflect and plan for your recovery curriculum through maximising your engagement in the School Games.

How will the School Games Mark Framework work?

It remains open to all schools that are providing and engaging their young people in high quality School Games opportunities and are working with their School Sport Manager. There will be 2 points in the year, Autumn Term 2/Spring Term 1 and Summer Term 2, when we will ask schools to review themselves against a series of simple questions. At the end of doing this you will be left with a development plan for you to consider with your School Games Organiser.

Summary of Changes for 2020/2021

- ★ There is no formal award for 2020/21 and you will not be benchmarked against a national standard
- ★ The framework is very much designed to support schools to reflect on your provision and uptake within the School Games
- ★ Schools are encouraged to align their School Games provision against their COVID recovery curriculum, to consider which young people need sustained targeted interventions and how your SGO can support you with this
- ★ It remains that the School Games Mark Framework is open to all schools, specials schools, further education establishments and alternative education providers i.e. Pupil Referral Units, Hospital schools and Independent providers in England in both the state and private sectors if the setting appears on EduBase and is aligned to a local School Sport Partnership
- ★ You will access the tool through your School Games dashboard
- ★ For schools who were previously on track for a School Games Mark Platinum award, this will not be affected and we would encourage you in the interim to undertake the self-review tool this year. This is the same for existing Platinum schools too
- ★ There will be some additional questions for the Summer Term 2 review, and we will also encourage schools to share their practice with us

How do I do it?

Step 1 – Go onto your school’s dashboard on the School Games website www.yourschoolgames.com and complete the questions

Step 2—Contact Natalie Lawrence should you need any help, support or you would like to discuss self reflection outcomes

Step 3 – Share your findings across school with colleagues, Senior Leaders, Governors and your School Sport Manager (Natalie)

Step 4 – Spring Term 2 start implementing some of your ideas and involve the young people themselves in both shaping and delivering these

Step 5 – Summer Term 2 – review again using the updated tool on your dashboard and share with us any practice that you are proud of or has made a difference to your young people

Step 6 – Get ready for 2021/22 armed with your new development plan



The Youth Sport Trust are continuing to update their Coronavirus Support documents—there are some very useful FREE documents on their website, especially for teachers looking for ideas and information around delivering safe and compliant PE lessons

For more information click [HERE](#)

INTERESTING READS

The impact of Covid restrictions on children and young people—version 2

Children return to PE with low levels of fitness

How Covid-19 has enabled us to reignite our intra-school competition programme

How writing girls into sport can inspire the next generation

Sport Stars say teacher confidence is the key to getting primary PE right

Physical Activity can help children catch up on missed work

LEADERSHIP

@NORTHAMPTONYOUTHSUMMIT2020

The Northamptonshire Association of Youth Clubs is this year hosting their Youth led Youth Conference virtually on Friday 13th November 2020 from 10.00am—3.00pm. The purpose of the conference is to:

Purpose

- ★ To build on the success of the first youth led conference in 2019
- ★ To train the next cohort of young leaders to deliver the conference
- ★ To deliver the conference virtually
- ★ To involve as many youth providers as possible

Timetable

10:00am	Welcome from His worship the <i>Mayor of Northampton</i> Welcome from <i>Marion Goodman</i> , interim CEO Northampton Borough Council <i>Zoe Robinson</i> NAYC Purpose of the day. Submitting questions
10:15am	2 minute videos from 10 youth service providers
11:45am	Workshop 1 <i>Delivered by the junior leaders</i>
12:45pm	2 minute videos from 5 youth service providers
1:00pm	Workshop 2 <i>Delivered by the junior leader</i>
2:00pm	2 minute videos from 10 youth service providers
2:30pm	Answers to submitted questions <i>Delivered by the junior leaders</i>
3:00pm	Closing remarks <i>Cllr. Danielle Stone</i>

To for further information and to participate in the Youth Summit please contact:
Zoë Robinson | zoerobinson@nayc.org | 07432612479

SCHOOL GAMES

AUTUMN TERM 2 COMPETITIONS

Virtual Intra-School Skills & Competitions:

- ★ Gymnastics
- ★ Sportshall Athletics

<https://www.northamptonshiresport.org/school-games>

Virtual Inter-School Competitions:

- ★ Year 7/8/9/10/11 Rowing Competition—Boys
- ★ Year 7/8/9/10/11 Rowing Competition—Girls
- ★ KS3 Rowability Competition
- ★ KS4 Rowability Competition
- ★ KS5 Rowability Competition

<https://www.northamptonshiresport.org/school-games-virtual-rowing>

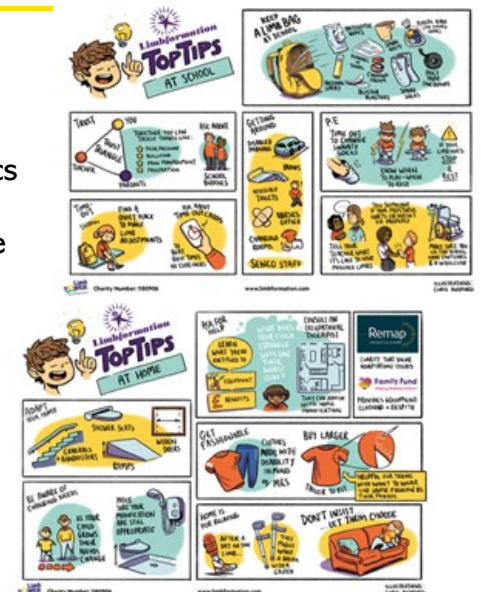
INCLUSION

LIMBPOWER

LimbPower have launched a new Children's Physical Education Infographic in response to research and insight from parents and children. This new infographic joins our suit of child-centric Infographics to support the physical, mental and social well-being of children with limb loss and limb difference. This resource was created to address the inclusion needs of limb impaired children engaging in School PE and Sport, to help them navigate this complex landscape. LimbPower worked with education and healthcare professionals; parents, children and young people to develop this fun, illustrated Top Tips Guide to engaging school P.E.

This infographic addresses the needs identified by children, young people and parents around school provision through focus groups, research and insight.

All the Infographics can be found [HERE](#)



BLENDED NETBALL

Blended Netball, is a leadership programme designed for mainstream girls to deliver netball to girls with special educational needs within their schools – providing netball for pupils who may not otherwise be involved. Along with providing SEN pupils with a new sport, Blended Netball gives the opportunity for mainstream girls to develop important life skills such as leadership, communication and empathy.

Blended Netball is free to access—there is no player sign up and no additional fees. Once you've registered, you'll receive your Blended Netball Resources, and a Teacher Pack. Sign up for free today by clicking [HERE](#) and completing our registration form.



TOP SPORTABILITY—ONLINE TRAINING

TOP Sportsability is a unique inclusive activity resource developed by the Youth Sport Trust in partnership with National Governing Bodies.

Learn how Top Sportsability can be utilised by school staff to help engage all young people in Physical Education, physical activity, school sport and support their first step into the School Games.

TOP Sportsability has 3 main aims

1. to provide physical activity and sport options for young people with support needs
2. To create a vehicle for the inclusion of all young people together in PE
3. To provide a basic introduction to a wide range of inclusive sports and activities in support of the school games programme

TOP Sportsability is a FREE online resources for schools, and offers practical advice to teachers, learning support staff and other sports practitioners. It consists of video clips and downloadable content showing ideas and strategies around the inclusion of young people in physical activity, PE and sport.

The FREE online virtual training will guide you through how to use the resource in your delivery

To look at the dates and to book onto a course click [HERE](#)

MAKING SEND EVERYONES BUSINESS CONFERENCE

Wednesday 11th November 2020 @ 9.30am

We would like to invite you to join us for a brief webinar - The Six Pillars of SEND Leadership in Schools .

The webinar is aimed at anyone within education who has a responsibility for or an interest in SEND, including heads, SENCOs and governors responsible for SEND. There is no limit on the number of attendees per school.

Our presenters will be Malcolm Reeve, national SEND leader, and Natalie Packer, an independent education consultant specialising in SEND and school improvement. There will be a chat function allowing you to ask questions.

To book your place, please e-mail joni.ager@emat.uk

ACTIVITY ALLIANCE—IMPACT OF COVID-19 ON DISABLED PEOPLE

The Activity Alliance have now updated their Impact of Covid-19 on disabled people using secondary resource data from September and October.

The full report can be found [HERE](#)

- ★ Disabled people are showing increased concern about the impact of COVID-19 on their lives, well-being, and health
- ★ The proportion of disabled people who are staying at home/leaving for essential reasons is increasing – from 26% in Sept to 39% in Oct
- ★ 53% of disabled people want to increase the amount of activity they do post-lockdown



BOCCIA
ENGLAND

VIRTUALLY BOCCIA CHALLENGE COMPETITION

Boccia England recently launched a Virtually Boccia Challenge for schools and colleges. This challenge replaces the annual National School Competition.

The competition is a series of skill-based challenges, with each student completing the challenge, contributing to their school or college score. There will be three rounds, with each round consisting of four activities. If you do not have boccia equipment, then don't panic. The activities can be completed using other PE or home equipment (i.e. tennis balls, bean bags, socks).

1st Round: 11th January – 26th February

2nd Round: 8th March – 30th April

3rd Round: 10th May – 25th June

The Virtually Boccia Challenge is FREE for schools and colleges to access. The deadline for schools and colleges to sign up is **3pm on Friday 27th November**.

To register click [HERE](#)

Once you have signed up you will not receive an automated email confirmation, all confirmation emails will be sent following the closing date and you will receive a pack with more details.

Please 'spread the word' on social media using **#VirtuallyBoccia** and **get involved!**

If you have any questions about the Virtually Boccia Challenge or would like to find out more about our other offers, please contact Dan Headley on dheadley@bocciaengland.org.uk.

SECONDARY TEACHER TRAINING PROGRAMME

Sport England are investing £13.5 million of National Lottery funding into a secondary teacher training programme designed to give teachers access to professional development, as well as put pupil's enjoyment and whole-school outcomes at the heart of PE and school sport.

While some youngsters have a great experience of PE and sport at school, others don't, and our research shows that can put them off being active for life.

Lots of people have bad memories of being picked last for a team, or just feeling really uncomfortable in PE lessons. This programme is designed to stop that happening. It'll help schools and individual teachers design a wider range of opportunities to increase young people's enjoyment of sport and PE, which gives them a much better chance of being active in later life. And it'll do this by giving teachers the resources and training they need to engage all pupils in physical activity, regardless of sporting ability

For further information about the funding and opportunities can be found [HERE](#)

SATELLITE CLUBS FUNDING

Matthew Peleszok is keen to work with schools to explore extra-curricular clubs that schools would like to develop into Satellite Clubs—whereby the extra-curricular club is linked to a local community club.

We have had success in a few secondary schools in Northampton and we are keen to expand the success and opportunities across the town.

We appreciate that we are currently in a period of great uncertainty but Matthew is keen to start to work with schools to plan and liaise with the local clubs.

For further information please contact Matthew Peleszok
matthew.peleszok@northamptonshiresport.org
07342 069901

COMMUNITY USE FUNDING

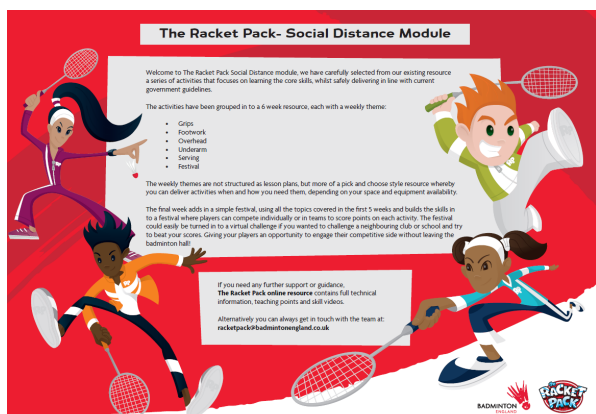
Northamptonshire has been given a significant amount of funding to work with schools to seek ways of safely opening their facilities to the community.

This funding was awarded before the Coronavirus pandemic. Since the start of the pandemic more schools have closed their doors to community clubs and users. There are so many community clubs seeking new facilities. These clubs provide physical activity opportunities for your students and therefore Northamptonshire Sport is keen to work with schools to see how the funding can support them to open, and subsequently provide more opportunities for children and young people to be more physically active.

There is not set criteria for use of the funding so we are happy to discuss all options, however there is a need for fairly quick turnaround of the funding so please contact Gary Sheppard by Friday 13th November 2020 to discuss your involvement

Gary.sheppard@northamptonshiresport.org.uk
07764 443503

EXTERNAL PARTNERS



BADMINTON ENGLAND—FREE RESOURCES

Badminton England have recently released two new resources for schools to use FREE of charge

- ★ The Racket Pack resources
- ★ Return to Play—Schools guidance

For a full copy of the resources click [HERE](#)

Return to Play schools guidance



CHANCE TO SHINE (CRICKET) - FREE RESOURCES

Chance to Shine have launched a new Virtual Programme for teachers and schools along with new All Rounder Challenge virtual competition

Click [HERE](#) for further information

RUGBY FOOTBALL LEAGUE—FREE RESOURCES

The Rugby Football League have launched a series of FREE primary and secondary skills challenge cards and activities.

To access the resources cards click [HERE](#)



DESIGN A MASCOT COMPETITION

We need your help! Northamptonshire Football Association are entering a new era. To celebrate this, in partnership with Northamptonshire Sport & the University of Northampton, we're looking to create a Mascot to represent us to a wider audience.

This is where you come into play... We're asking your class to search deep into their wonderful imaginations and produce the new face for NFA. This will be shown on our website, social media and be recognised by many people across the County and the Country!

Once we've received the designs, these will be sent to the Animations Team at the University of Northampton for them to bring the winning design to life! Your student will see their design become a reality.

This is a fantastic opportunity for your students to have a chance at creating something fantastic which will be shown throughout the footballing world! We really hope you can get involved and help us with our quest.

For further information and a copy of the application form please click [HERE](#)

