

# ENHANCED Schools PE Coordinator Briefing Autumn Term 1



## WELCOME BACK

It turned out to be a very disappointing end to the 2019/2020 academic year and a huge loss to an academic year that had so much potential at the start. Whilst we could focus on the doom and gloom, we shouldn't and instead have a much more positive outlook. It has given us all a great opportunity to reflect on our provision and forced us to change the way we do things presently and I think as we move to the future. I am pleased that so many Northampton schools got involved with the Northamptonshire Sport virtual challenges and the Virtual School Games Day that replaced the County School Games Summer Finals on the 9th July 2020. Without a doubt this (forced) new approach engaged so many more children and young people who would never have dreamt of engaging in the School Games had we continued as 'normal' through the 2019/2020 academic year.

The situation has forced the Northamptonshire Sport School Team to work considerably closer together and has now resulted in county School Games offer which will allow every school in the county to access exactly the same School Games offer, something that has never been achieved before. I am really excited by this new approach and hope that it will sustain the renewed enthusiasm of children and young people to continue their School Games journey and continue to develop confidence to try new activities in their own school setting and in the latter part of the academic year in a setting where they can truly experience a positive competitive experience competing against other schools within The town and county—I can't wait to be surrounded by the buzz of a School Games competition again—I have really missed it!

In light of the 2020/2021 Northamptonshire School Games Offer, Alex Mitchell (Sports Development Officer—School Sport) will only be working for the Partnership 2 days per week (typically Tuesdays and Wednesdays) as he has been given the opportunity to be redeployed to another area of the Northamptonshire Sport service. He will however continue to plan and deliver the School Games Competitions, with support from myself.

We will be doing things slightly differently this year and I hope that the offer we have developed will enable schools to engage in the School Games safely and provide a platform for many more children and young people to have a positive experience of competitive school sport. As always I will be very receptive to feedback so please do not hesitate to contact me if you think we are doing something well or it could be improved. Likewise if you need help, support or guidance throughout the year I am always here to help so please just get in touch.

Here's to a more positive and fulfilling year of PE and School Sport

Thanks  
Natalie

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- ★ EXTERNAL PARTNERS: NTFC, Northampton Saints

## TO DO LIST...

- ★ Draft 2020/2021 PE & Sport Premium Plan
- ★ Complete Inclusive Health Check
- ★ Download 2020/2021 Comp Information Booklet

## TERMS EVENTS

- ★ Virtual Intra-School Badminton Competition
- ★ Virtual Intra-School Boccia Competition

### 2020/2021 PE & SPORT PREMIUM FUNDING

As you will probably be all aware the 2020/2021 PE and Sport Premium Funding was confirmed on Sunday 5<sup>th</sup> July 2020—This has previously been communicated with you

*Education Secretary Gavin Williamson has announced that primary schools in England will receive £320 million funding for the PE and Sport Premium during the academic year 2020-2021.*

*The PE and Sport Premium is designed to help children get an active start in life, supporting primary schools to improve the quality of their PE and sport provision so that pupils experience the benefits of regular exercise – from being healthier both mentally and physically to improve behaviour and better academic achievement.*

*The funding, which was doubled in 2017, will once again continue at their higher rate of £320 million next year (the finer details have yet to be confirmed but it is expected that schools will receive £16,000 as standard and £10 per pupil from year 1 – year 6)*

*The Department for Education has also confirmed that any PE and Sport Premium funding from the current academic year (2019/2020) that schools were unable to use as a result of the coronavirus pandemic can be brought forward to use in the next academic year, giving school leaders an opportunity to develop or add to their existing provision, or to make improvements that will benefit pupils joining the school in future years.*

Whilst the finer details about the funding nor the method for demonstrating the impact of the funding have been released by Government yet, communications we have had from government are

- ★ Schools are allowed to carry forward PE and School Sport underspend from the academic year 2019/2020
- ★ Any underspend carried forward from the academic year 2019/2020 must be spent by 31<sup>st</sup> March 2021
- ★ Any underspend carried forward must be clearly shown/evidenced on the schools 2020/2021 Development/Action Plan

In anticipation of schools wanting to start to draft their 2020/2021 PE and School Sport Premium Plans I have amended last years plan for schools to utilise in the meantime —as and when we receive official notification from government I will amend the development plan accordingly and share with all schools.

To access the temporary PE and Sport Premium template click [HERE](#)

If anyone would like and help with their plans please contact Natalie Lawrence—support for this area of work is available to both Standard and Enhanced schools at no cost.

### REJUVENATING LEARNING



The Association for PE have recently launched a double sided poster to support primary schools to rejuvenate their pupils' physical, emotional, social and cognitive wellbeing on their return in the autumn.

The posters are free for schools to download and use.

To download the posters click [HERE](#)

The AfPE website also has lots of useful information on it regarding Covid-19 and school PE, Swimming etc...

For more information click [HERE](#)

### YOUTH SPORT TRUST RESOURCES



For schools still looking for physical activity ideas and suggestions for PE and School sport opportunities the National Governing Bodies of Sport (NGBs) have worked alongside the School Games to build and develop a series of sport formats for intra and inter-school competition. These formats aim to encourage all young people to participate and are based on supporting young people to build and extend their skills and confidence.

The National Governing Bodies have identified a number of activities that you can continue to work on to develop skills and confidence.

For more information click [HERE](#)

## ACTIVE LIVES SURVEY



Sport England's Active Lives survey measures the activity levels of children and young people across England. There has never been a more critical time than now to evaluate the impact that Covid-19 has had on children and young peoples health and well-being, and consider how programmes and initiatives can be developed to minimise any long lasting effects.

Sport England randomly select schools and year groups from every local authority area in England. If randomly selected schools are required to undertake the survey (some selected schools may be been randomly selected before—they are still required to repeat the survey).

Schools are rewarded for their involvement in the research with sports equipment vouchers.

The following schools have been randomly selected to participate in the national Active Lives Survey this academic year—further information will be shared with you in the half term before your school is due to undertake the survey

### Autumn Term

- ★ Delapre Primary
- ★ Lings Primary
- ★ NSB
- ★ NSG
- ★ Thomas Becket Catholic School
- ★ Whitehills Primary

### Spring Term

- ★ Abbeyfield School
- ★ Headlands Primary
- ★ Kingsthorpe College
- ★ Kingsthorpe Village Primary
- ★ Malcolm Arnold Academy
- ★ St James CofE Primary
- ★ Stimpson Avenue Primary
- ★ Wootton Park School

### Summer Term

- ★ All Saints CofE VA Primary
- ★ Boothville Primary
- ★ Barry Primary
- ★ Northampton Academy
- ★ Quinton House School
- ★ The Duston School
- ★ Weston Favell Academy

**Reserve Schools** (these schools will only be used if we do not reach our national target for completed surveys):  
Cedar Road Primary, Castle Academy, St Gregory's Primary and Lumbertubs Primary

## SCHOOL GAMES

### 2020/2021 NORTHAMPTONSHIRE SCHOOL GAMES OFFER LAUNCHED

After a long-awaited return to School Games delivery within the county, Northamptonshire Sport is excited to launch the 2020-2021 Northamptonshire School Games Offer.

Following significant consultation with schools regarding planning and preparation, we have developed a countywide offer which we are confident will engage many more children and young people in the School Games programme than ever before, providing them with positive and motivating experiences of physical activity and competitive school sport.

To access the FREE resources which include; sports specific activity cards, competition cards, scorecards and certificates, schools will need to register on the Northamptonshire Sport website.

For more information click [HERE](#)

### 2020/2021 COMPETITION INFORMATION BOOKLETS

The 2020/2021 Northampton Competition Information Booklets are now available for schools to download [HERE](#)

The booklet contains some key information and dates for this academic year. Please feel free to share the document with other staff and/or leave one in the staff room.

You will note that whilst dates have been confirmed for competitions times for these competitions are yet to be confirmed. Times will be published and shared with schools closer to the event once we know the number of schools competing.

### AUTUMN TERM 1 COMPETITIONS

Virtual Intra-School Competitions:

- ★ Badminton
- ★ Boccia

### CEREBRAL PALSY SPORT—ITS OK TO PLAY RESOURCES



Cerebral Palsy Sport's aim is to raise aspirations, promote inclusion and support people with cerebral palsy and other disabilities to play, participate and enjoy sport and active recreation.

Through the 'It's Okay to Play Project', the aim of CP Sport is to make it easier for people with cerebral palsy and associated physical impairments to access sport and activities, just as their siblings and peers do, in school and in the community.

To do this, CP Sport have create two new resources. One for families to use, and the second for education sector and health professionals who work with young people and adults with physical disabilities.

The resources contain key information, helpful ideas and games that will allow for both audiences to support someone with a physical disability to access sport and activity that we hope will result in them leading a happier, healthier life.

Subject to government guidance on coronavirus and returning to play, the project will help ensure that within school people with a physical disability are able to take part in PE and extracurricular activity the same way their peers do. The resources will provide teachers and those that lead PE with the tools to be able to run fully inclusive sessions and activities breaking down barriers and perceptions. The family resource will provide families and carers hints and tips on how to be active with members of the family who have a physical disability. It will provide the confidence to 'play' within the home setting, go into the local community and access green spaces and parks and ultimately encourage the family to be active together.

The resources are available to download for free from the CP Sport website here:

<http://www.cpsport.org/resources/resources/its-okay-to-play/>

### ALL ABOUT AUTISM, ALL ABOUT ME

The All about Autism, All about me booklet is designed to be a practical toolkit, building your knowledge of autism and some of the key considerations for making PE and sport inclusive to all. The key factor throughout this process is to know the young person you are working with, which includes familiarising yourself with their Individual Education Plans and motivators.

The booklets objectives are:

1. To help you understand misconceptions about young autistic people taking part in PE and sport.
2. To help identify and reduce barriers to participation
3. To help you to realise the wider benefits that PE and sport bring, particularly when used as a therapeutic vehicle to help regulate emotions, facilitate learning and improve social inclusion.

To download the booklet click [HERE](#)

### INCLUSIVE HEALTH CHECKS

It is that time of year again when schools are required to complete their Inclusive Health Check (IHC). The IHC will review SEND PE and School Sport provision across a school.

There are no right or wrong answers to the questionnaire. It is important that you are honest in your responses.

Throughout the questionnaire you will get useful tips and advice on how you could improve in certain areas.

For schools wishing to apply for School Games Mark it is compulsory for the IHC to be completed.

The survey can be found at the bottom of your School Games dashboard. I would suggest that you complete this before October half term.

[www.yourschoolgames.com](http://www.yourschoolgames.com)

## EXTERNAL PARTNERS



### NORTHAMPTON SAINTS: SAINTS IN SCHOOLS PROGRAMME

Through our Community programmes, Northampton Saints hope to continue to grow the Northampton Saints family and strive to provide opportunities for people of all ages, genders, abilities and ethnicities to be able to access the game at all levels – be it playing, coaching or as a fan. They want to give as many people as possible the opportunity to experience rugby, from picking up a ball for the first time at school or joining their local rugby club, to sitting pitch-side and experiencing a packed house at Franklin's Gardens.

Schools play an integral role in developing young people both on and off the field, and through their Saints in the Schools programme they hope to grow a family of schools and colleges who are passionate about providing their students and staff with opportunities to access the game of rugby, whilst building positive environments for young people to achieve and reach their full potential. Through the Saints in the Schools programme they create bespoke packages, catering to each individual school's needs across primary, secondary, state and independent schools – including specialist provision for SEND schools and units. We also incorporate unique experiences accessible only to our partner schools, making your staff and students feel like a true part of the Northampton Saints family.

More information can be found [HERE](#)

### NORTHAMPTON TOWN FC—KICKS PROGRAMME

For the last 13 years, Premier League Kicks has been working in local communities to inspire thousands of young people. PL Kicks started in 2006 and has a long history of using the power of football and the value of sports participation to help youngsters in some of the most high-need areas.

By engaging them in constructive activities, including a wide variety of sports, coaching, music and educational and personal development sessions, communities up and down the country have been transformed with impressive football and sports participation rates and the authorities reporting significant reductions in anti-social behaviour in the areas in which it is delivered.

The programme started with four pilot projects, at Tottenham Hotspur, Manchester City, Fulham and Brentford. Thanks to another three year funding commitment from the Premier League, the programme has grown so that 90 Premier League, EFL and National League clubs will deliver sport and education sessions at over 700 venues in local communities where projects are needed most.

The scheme has enabled thousands of youngsters to find routes into education, training and employment with volunteering being a key component. One of the key elements for the success of Kicks is the workforce, with 20 per cent of the coaching and delivery staff being former participants, often hailing from the same area in which they are now working.

For more information click [HERE](#) and the posters can be found [HERE](#)

**PREMIER LEAGUE KICKS** COMMUNITY **Kicks**

**FREE FOOTBALL COACHING!**

Are you interested in coming to play football and receive football coaching free of charge?

From the 7th September we are re-starting our Premier League Kicks site in Kingsthorpe. Make sure you come and join us!

Every Monday from 5:00pm to 7:00pm we will be at:

St David's Church Rooms,  
Kingsthorpe, St David's,  
Eastern Avenue,  
Northampton,  
NN2 7QB

(Outside on the MUGA at Bradlaugh Fields in the summer months - access via church rooms)

**THIS IS FOR SCHOOL YEARS 7-13.**

Due to COVID-19 regulations, participants **MUST** register in advance at: [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks)

For any Premier League Kicks enquiries please call us on 07848473528.

NORTHAMPTON TOWN FC #PROUDTOBE KINGSTHORPE Team Ministry

**PREMIER LEAGUE KICKS** COMMUNITY **Kicks**

**FREE FOOTBALL COACHING!**

Are you interested in coming to play football and receive football coaching free of charge?

From the 8th September we are re-starting our Premier League Kicks site in Blackthorn. Make sure you come and join us!

Every Tuesday from 5:00pm to 6:30pm we will be at:

Park on Blackthorn Road (opposite Croft Meadow Court)  
Blackthorn,  
Northampton,  
NN3 8QA

Winter months: MUGA opposite Blackthorn Community Centre.

**THIS IS FOR SCHOOL YEARS 5-13.**

Due to COVID-19 regulations, participants **MUST** register in advance at: [ntfccommunity.co.uk/pl-kicks](http://ntfccommunity.co.uk/pl-kicks)

For any Premier League Kicks enquiries please call us on 07848473528.

NORTHAMPTON TOWN FC #PROUDTOBE

## CLUSTER SPECIFIC INFORMATION

### ENHANCED SCHOOLS PROGRAMME—SUMMARY DOCUMENT

This document has been pulled together to provide schools with as much detail about the event/opportunity as possible. We are aware that SLT require more information than ever before to release children and young people from their academic environment.

Document can be downloaded from [HERE](#) (likely to be available from week commencing 14<sup>th</sup> September 2020)

### REGISTRATION

I know that it is very difficult to commit to events in the future given the ever changing situation that we find ourselves in, but to help SCo's and myself to start to make some flexible plans we need to gauge the number of schools who would like to attend each of the opportunities available via the Enhanced Schools programme. I would therefore be very grateful if you could complete the online registration form by FRIDAY 25<sup>TH</sup> SEPTEMBER 2020

<https://www.northamptonshiresport.org/forms/view/northampton-ssp-enhanced-schools-programme-registration-form>

### REAL LEADERS

This element of the offer has always really excited me and I have always felt that it is important to deliver as easily in the academic year as is practical. So the real leaders offer will be delivered slightly differently this year—the first 3 lessons that would have normally been delivered face to face will in fact be delivered virtually—yes Neil and I are coming to your classroom (a scary thought for some!!!!)

To take you through the process and to provide additional support for staff to deliver the remaining real leader modules there will be a real Leaders Teacher refresher workshop. These workshops have been organised by cluster as your SCo will also be present as they will be an additional layer of support for the delivery of this programme.

NIA Cluster (Chris Woodger)	Tuesday 29 <sup>th</sup> September 2020*	4.00pm—5.00pm	Zoom
NPAT Cluster (Emily Carter-Morris)	Thursday 1st October 2020*	4.00pm – 5.00pm	Zoom
NA Cluster (Natalie Lawrence)	Monday 12th October 2020*	4.00pm—5.00pm	Zoom

*\*If you are unable to attend your allocated sessions can you please contact Natalie who will organise you to join another session*

In addition to the Teacher refresher session, a bundle of resources have also been produced to help you complete the delivery of the programme. These will be delivered to your schools in advance of your training session—you will need sight of them at the training.

Whilst I appreciate the 'bubble arrangements' that schools have had to adopt, it will have an effect on how the real leaders programme is/can be delivered. It does present a few barriers but also some positives as you may decide to deliver the real leaders programme to a whole class and capture a young person who shines in the programme that would never have made your 'list' had it been delivered as per the previous years. I also appreciate that the practical experience of the young leaders delivering to peers within other bubbles is prohibited currently but we need to look to the future and be prepared. You may decide that Year 5 is not the best year group to engage this year due to their lack of opportunity for practical experience or whole school impact, I am therefore happy for Year 4 to be provided with the opportunity instead—it is really what works better for your school. It would be a real shame for us to lose the momentum we have worked so hard to build up and there are young people who need this opportunity and who would thrive.