

Northants Physical Activity Guide for Disabled People

CORBY

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Athletics	Corby Athletics Club	Bill Boyd (general coaching) Sue Rey (Wheelchair racing)	01536 741094 Billandcarol.boyd@ntlworld.com 07833 675937 northants.network.wcr@gmail.com
Inclusive Fitness Initiative Gym	Lodge Park Sports Centre	Roger Jones (Centre Manager)	01536 400033
Multi-Sports	NRG (Lodge Park)	Rachel Ritchie	01536 400033 01536 464047 Rachel.Ritchie@corby.gov.uk
Swimming	Corby Pool		01536 464643
Swimming	Corby Swimming Club	Leanne Norman	disability@corbyswimmingclub.org.uk
Cycling & Skateboarding	Adrenaline Alley	Mandy Young	mandyyoung@adrenalinealley.co.uk
Goalball	Corby Goalball Club	Emily Mayhew	emily@magnificentview.org 07940982230
Table Tennis	Corby Smash Table Tennis Club	Henry Arthur	henry.arthur@corbymashttc.co.uk 01536 206375 07929 347586
Walking/jogging	Corby parkrun		corbyoffice@parkrun.com

DAVENTRY

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Swimming	Daventry Dolphins	Mrs Rose Boyd-Coates	07949947115 ddscteammanager@gmail.com
Sailability		Roy Child	chair@northamptonailability.org.uk http://www.northamptonailability.org.uk/
Athletics	Daventry Athletics Club	Barry Fenn (Secretary)	01327 879651
Horse Riding	Wilby Riding for the disabled group (Moulton College)	Diana de Clermont	01604 647153 angela@atdoughty.plus.com
Powerchair Football	Northants Powerchair Football Club (Moulton College)	Christian Smith	christian.smith@northantsfa.com 07971 138768
Bowls	Daventry Bowls Club	Duggie Mitchell	duggie.dms@btinternet.com
Walking/jogging	Daventry parkrun		daventryoffice@parkrun.com

EAST NORTHANTS

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Multi – Sports & Archery	Young Inclusive People's (YIP) Club Multi Activity Club (MAC) Rushden Inclusive Archery Club (RIAC)	Jackie Ackroyd	Jackie.ackroyd@freedom-leisure.co.uk 01933 352981
Rowing	Northants Inclusive Rowing Association	Steve Rustage	northamptonshiredisabilityra@yahoo.co.uk
Swimming	Rushden Disability Swimming Club	Splash Leisure	01933 410505
Horse Riding	Wymington Riding for the Disabled	Chris McGarity	01832 732119
Golf	Rushden Golf Club	Adrian Clifford	adriancliffordpga@hotmail.com
Bowls	Rushden Bowls Club		01933 312680
Bowls	Oundle Bowls Club	David Walker	01832 272250 David.walker2848@gmail.com

KETTERING

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Swimming	Kettering Swimming Pool		01536 410253
Bowls	Desborough Indoor Bowls Club	Secretary	01536 534170 gensec@desboroughbc.co.uk
Football	Kettering Town F.C	Simon Aston	07795 178817 simon.aston3@ntlworld.com
Football	Kettering Town	Jason Thurland	Jason.thurland@ketteringtwnfc.com
Horse Riding	Cottesbrooke Riding for the Disabled	Anne Jolley	01788 822255
Horse Riding	Hillcrest Riding for the Disabled	Mrs C. Grant	01788 891076
Athletics	Kettering Town Harriers Athletics Club		admin@ktharriers.com
Jogging/walking	Kettering parkrun		ketteringoffice@parkrun.com

NORTHAMPTON

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Football	Northampton Town Multi-disabled club & Downs Syndrome Football sessions	Russell Lewis	01604 683764 07887 878182 R.Lewis@ntfc.co.uk
Swimming	Northampton Swimming Club	Jacque Marshall Andy Sharp	coach.marshall@northamptonswimming.com 07891 957609 coach.sharp@northamptonswimming.com
Wheelchair Basketball	Northampton Wheelchair Basketball Club	Stuart Tite (Coach/club development)	07789 866899 wbxcel@gmail.com
Gymnastics	Lings Gymnastics Academy	Cora Martina	cora@lingsgymnastics.co.uk
Cricket	Visually Impaired Cricket Club	Dave Gavrilovic	DavidGavrilovic@yahoo.co.uk 07866 751646
Cricket	Northants Disability Cricket Club	Matt Long	matt.long@nccc.co.uk 01604 609278
Inclusive Fitness Initiative (IFI) Gym & swimming pool	Cripps Leisure Centre	Trilogy Leisure	01604 838333
Inclusive Fitness Initiative (IFI) Gym & swimming pool	Danes Camp Leisure Centre	Trilogy Leisure	01604 838333
Inclusive Fitness Initiative (IFI) Gym	Duston Sports Centre	Trilogy Leisure	01604 838333
Inclusive Fitness Initiative (IFI) Gym & swimming pool	Lings Leisure Centre	Trilogy Leisure	01604 838333

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Northampton continued.....

Inclusive Fitness Initiative (IFI) Gym & swimming pool	Mounts Leisure centre	Trilogy Leisure	
Rowing	Northampton Rowing Club Club	Mark Holmes	Mholmes953@tiscali.co.uk
Trampolining	Northampton Trampoline Club	Tracy-Whittaker-Smith	07711586317 infontga@btconnect.com
Climbing/Adventure club	Peak Empower	Lucy Somers Saffy Tuckfield	lucy@peak-empower.co.uk saffy@peak-empower.co.uk https://www.peak-empower.co.uk/
Golf	Brampton Heath Golf Centre	Kieran Thomas	kthomasgolf@hotmail.co.uk
Golf	Overstone Park Golf Club	Brian Mudge	07989 715401 growgolfcoaching@btinternet.com
Tennis	Northampton Disability Tennis Network	Caroline Bilbie	Cbilbie220@gmail.com
Bowls	The Eagles Learning Disability Club (Kingsthorpe Indoor Bowls Club)	Mary Muir	maryakmuir@ntlworld.com 07803 619785
Jogging	Deaf jogging group	Alexy Dury	Alexydury2014@gmail.com

Northampton continued.....

Wheelchair Rugby	Northampton Saints	Jamie Higgins	JamieHiggins@northamptonsaints.co.uk 01604 751 543
Walking/jogging	Northampton parkrun		northamptonoffice@parkrun.com
Multi - sport	Sport4Fitness	Mark Flaxman	info@sport4fitness-cic.co.uk 078113 71569
Mixed Ability Rugby	Northampton Heathens	Stonie	07941 700586 stonie11@hotmail.co.uk
Dancing	Dance With a Difference	Ella Styles	07511 877177 stylesstarz@hotmail.com https://www.facebook.com/dancewithadifference/

SOUTH NORTHANTS

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Multi – Sport / Swimming	DISC (Disability Inclusive Sports Club)		enquiry@disc-northants.org http://www.disc-northants.org/
Inclusive Fitness Initiative Gym	Towcester Leisure Centre		01327 322480
Inclusive Fitness Initiative Gym	Brackley Leisure Centre		01280 701787
Horse Riding	Riding for the Disabled Silverstone Group	Bruce Smith	01295 768949 brucesmith383@btinternet.com

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South Northants continued....

Horse Riding	Riding for the Disabled Grafton Manor Group	Mrs. J. Kitchin	01327 351164
Swimming	Brackley Dippers (For people with physical disabilities) Saturdays 12-1:30pm	Brackley Swimming pool Angela Yallop	01280 704906 01280 704143
Wheelchair Fencing	Touche Fencing Club	Jaques Portal	07885944467 info@touchefencing.co.uk http://www.touchefencing.co.uk/Pages/default.aspx
Golf	Silverstone Golf Club	Rodney Holt	proshop@silverstonegolfclub.co.uk

WELLINGBOROUGH

SPORT	CLUB NAME	CONTACT NAME	CONTACT DETAILS
Swimming & Inclusive Fitness Initiative (IFI) Gym	Waendel Centre	Laura Banks	01933 221622
Table Tennis	Westfield Table – Tennis Club	Greg Yarnall	greg.yarnall@hotmail.com
Horse Riding	Wilby Riding for the Disabled	Angela Doughty	angela@atdoughty.plus.com
Archery	Wellingborough Open Archery Club	Eric Jackson	secretary@woac.co.uk
Swimming	Wellingborough Swimming Club		secretary@wasc.info
Netball	Friars JM's	Kelly Washington	admin@northantsjms.co.uk www.northantsjms.co.uk

Northamptonshire

Graeme Wilson	Northamptonshire Sport Disability Officer	General help & support	Graeme.Wilson@firstforwellbeing.co.uk 07766 991828
Football	Northants FA	Christian Smith	christian.smith@northantsfa.com 07971 138768
	Northampton Town Multi-disabled club.	Russell Lewis	russell.lewis@ntfc.co.uk 01604 683764 07887 878182