

Activator Courses

As the landscape of coaching is evolving, so are the opportunities to gain National Governing Body (NGB) qualifications. Activator courses; whilst they will not give you in depth knowledge about the sport enough to coach, they do enable participants to gain a recognised qualification that will enable you to lead a safe and enjoyable sport specific session – usually covered by the insurance of the NGB.

The benefits of Activator qualifications are:

- They often take a much shorter time to complete
- They enable participants to lead a session by themselves after undertaking the qualification (as opposed to having to undertake both a Level 1 and Level 2 coaching qualification)
- They are often much less expensive

Sport	Time	Cost	Description	For More Info
Baseball	3 hrs	£55	“The BSUK’s Activator course is fun, exciting and hands on ” “This Activator course provided me with all the information I need to run a baseball and softball session, and I would definitely recommend it to others”	http://www.baseballsoftballuk.com/news/view/bsuk-launches-new-activator-course
Basketball	6hrs		This is an ideal course for introducing the basic techniques of Basketball and provides ideas for small sided games.	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
Bowls		£35	The purpose of this 4 hour Play Bowls Activator Module (formally Play Bowls Introductory Module) is to equip both new and existing coaches and volunteers with some basic knowledge, information and skills to offer a fun, informal and relaxed introduction to the sport of Bowls. A new bowler’s first impression of the sport is often the difference between them taking up membership of the club or not.	http://www.coachbowls.org/courses/play-bowls-activator
Cricket	6hrs		The Cricket Activator course is designed to help you to <ul style="list-style-type: none"> • identify and understand the various roles that make cricket happen, • understand the expectations of people in these roles, and • promote cricket to get more people playing more often. 	http://www.surrey-cricket-foundation.org/page/coach-education/courses/cricket-activator-2652/

Football	3hrs		Walking Football	https://www.northamptonshirefa.com/players/ways-to-play/walking-football
Korfball	3hrs		As the only mixed-sex team sport , Korfball is growing in popularity. This course will provide you with lots ideas and tools to create fun Korfball sessions for a range of participants.	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
Multiskills	6 hrs		This course is ideal for those wishing to facilitating multi-skills activities in a range of environments (i.e. community participation programmes, schools, further/higher education).	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
Parkour	7hrs		Successful achievement of this award will enable the activator to organise and facilitate Parkour/ Freerunning sessions. The qualification is designed to support community development.	http://parkour.uk/qualifications/activators/
Rounders	3hrs	£40	The award will provide you with a key set of skills to support you to organise, motivate and create fun and engaging sessions to get people involved in Rounders	http://www.roundersengland.co.uk/get-involved/leadership/activator-award/
Rugby	3hrs		The workshop is ideal for those wishing to support, officiate or coordinate informal Rugby activity in their communities.	http://www.englandrugby.com/my-rugby/education/colleges/student-development/
Tennis	3 hrs		The workshop explains various LTA-developed fun formats of tennis and teaches the sport's fundamentals of movement.	
Volleyball (Go Spike)	4hrs	£70	The Go Spike Activator Award course will cover the following themes: <ul style="list-style-type: none"> • What makes a good Activator? • Activator Session Planning • STEPs Principle (Space, Task, Equipment, People) • Practical: Challenges and Adapted Games • Where next and participant retention • Understanding Marketing and Administration 	https://www.volleyballengland.org/getintovolleyball/coaching/courses/go_spike_activator_award
Triathlon	8hrs	£85	This one-day training workshop is practically oriented, focusing on developing the skills to organise and lead group training runs and cycle rides, support coached club sessions and cultivate connections to the sport of triathlon within local clubs and communities.	https://www.britishtriathlon.org/activators

Leadership Courses

Sport	Time	Cost	Description	For More Info
Archery Instructor Award	2.5 days		Learn to lead fun and safe archery sessions for beginners	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
Rounders Young Leader Award	3hrs		Generally delivered at schools and colleges, this course builds on the skills already gained during the Sports Leader Award. It enables a young leader to lead rounders in the presence of a suitably qualified coach or teacher.	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
Tchoukball Young Leader	5hrs		Tchoukball is one of the fastest hand ball sports and young people gaining this award will learn the basic rules and techniques of the game.	http://www.sportstructures.com/feature_page.asp?section=0001000100390008
UK Ultimate (Frisbee) Leader Award	3hrs		This award is an ideal complement to learners that have some experience of coaching / leading sports activities. It will focus on the basics of Ultimate (games, drills, and basic tactics).	http://www.sportstructures.com/feature_page.asp?section=0001000100390008