

Northamptonshire










Activity on Referral Scheme









2020 Accredited Sites

SITE ADDRESS	SITE COORDINATOR	OTHER SERVICE OFFERED
Lodge Park Sports Centre Shetland Way CORBY NN17 2SG	Scott Grant Scott.Grant@corby.gov.uk Tel: 01536 464643	
Corby East Midlands International Swimming Pool, George Street CORBY NN17 1QG	Scott Grant Scott.Grant@corby.gov.uk Tel: 01536 464643	
Reach for Health 16 High March, DAVENTRY NN12 4HB	Wadge Grzelak info@reachforhealth.co.uk Tel: 01327 871118	
Daventry Leisure Centre Lodge Road DAVENTRY NN11 4FP	Val Taylor ValTaylor@everyoneactive.com 01327 871144	
The Pemberton Centre H.E. Bates Way RUSHDEN NN10 9YP	Johnathan Rudland Johnathan.Rudland@freedom-leisure.co.uk Tel: 01933 350324	
Imperial Court Duck Street RUSHDEN NN10 6RY	Ray Fortuin Ray.fortuin@extracare.org.uk Tel: 01933 315116	
Manor Sports Centre Mountbatten Way, RAUNDS NN9 6PA	Tom Hatton tom.hatton@manorschool.northants.sch.uk Tel: 01933 461459	
The Nene Centre Cedar Drive THRAPSTON NN14 4JY	Johnathan Rudland Johnathan.Rudland@freedom-leisure.co.uk Tel: 01933 350324	
Montsaye Community Sports Centre Greening Road ROTHWELL NN14 6BB	Vicky Ambery VAmbery@montsayesportandfitness.co.uk Tel: 01536 713708	
Fitness without Boundaries Lodge Farm Community Centre Crestwood Rd, NORTHAMPTON NN3 8JJ	Raphael Davighi rdavighi@fitnesswithoutboundaries.com Tel: 01604 452750	

 COPD / Pulmonary Classes	 Swimming / Water Wellbeing	 Stroke	 Get Up & Go	 Cardiac Rehab	 Cancer Rehab
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SITE ADDRESS	SITE COORDINATOR	OTHER SERVICE OFFERED
The Mounts Baths Upper Mounts NORTHAMPTON NN1 3DN	Chris Patching trilogyreferrals@nltrust.org.uk Tel: 01604 838333	
Lings Forum Sport Centre Billing Brook Road Weston Favell NORTHAMPTON NN3 8UR	Chris Patching trilogyreferrals@nltrust.org.uk Tel: 01604 838333	 
Danes Camp Leisure Centre Clannell Road, Hunsbury NORTHAMPTON NN4 0RX	Chris Patching trilogyreferrals@nltrust.org.uk Tel: 01604 838333	 
Duston Sports Centre Cotswold Avenue NORTHAMPTON NN5 6DP	Chris Patching trilogyreferrals@nltrust.org.uk Tel: 01604 838333	
Pump Gyms Northampton 3 Kingsfield Business Park NORTHAMPTON NN5 7PP	David Loasby www.pumpsgyms.com 01604 753425	
Brackley Leisure Centre Springfield Way BRACKLEY NN13 6JT	Becki Garrett Brackleyfitness@legacyleisure.org.uk Tel: 01280 701787	
Towcester Centre for Leisure Springfields TOWCESTER NN12 6UW	Becki Garrett Kidlington.gpr@legacyleisure.org.uk Tel: 01327 322480	
Redwell Leisure Centre Barnwell Road WELLINGBOROUGH NN8 5LP	Carl Cranfield CarlGranfield@pfpleisure.org Tel: 01933 402045	

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For more information about Activity on Referral visit:
<http://www.northamptonshiresport.org/activity-on-referral>

For more information on the 'Get up & Go' Falls Prevention
Exercise Programme visit:
<https://www.northamptonshiresport.org/getupandgo>

