

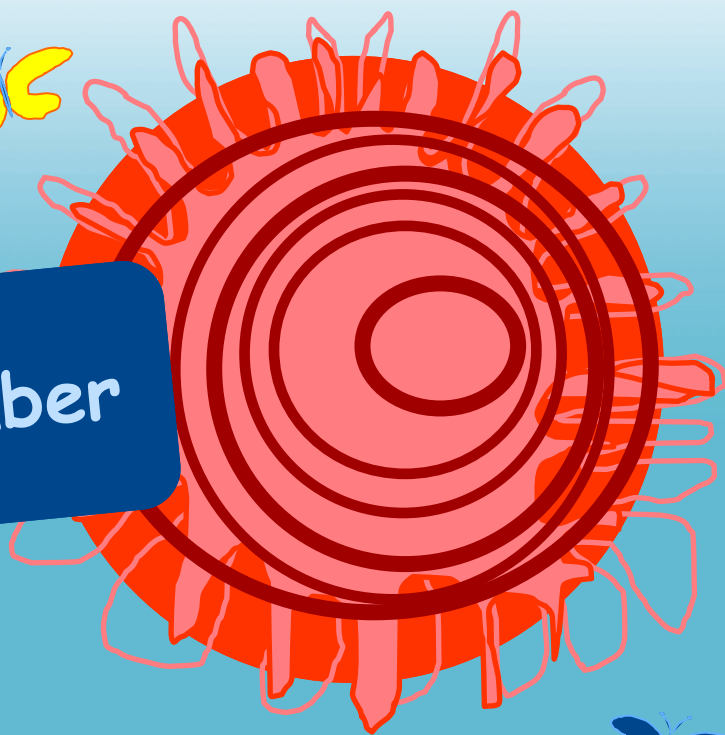
# Summer Activities at the Nene Centre



0-16 years

25 July - 4 September

Wide range of  
fun activities



working on behalf of



leisure...revolving around you

cultural  
community  
partnerships



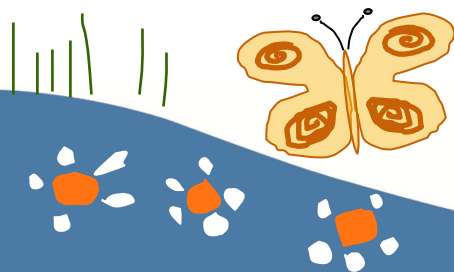
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[www.culturalcommunitypartnerships.org.uk](http://www.culturalcommunitypartnerships.org.uk)

# Week 1: 25 July—31 July

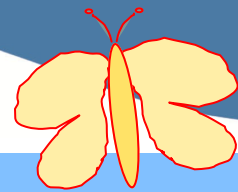


Monday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-12.30pm (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
Tuesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Zumbatomic—1pm-1.45pm (8-15yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Wednesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—11am-12.30pm (0-5yrs)
	Trampoline Coaching—1.30pm-2.30pm (4+yrs)
Thursday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
Friday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—1pm-2.30pm (0-5yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Saturday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)
Sunday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)

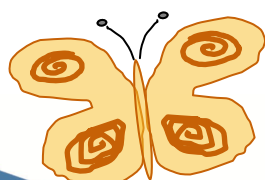


\*\*\* if accompanied by an adult Member

# Week 2: 1 August—7 August

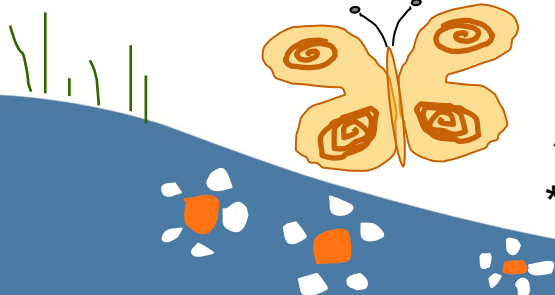


Monday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-12.30pm (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Trampoline Coaching—1pm-3pm (6+yrs)
Tuesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Zumbatomic—1pm-1.45pm (8-15yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Wednesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	<b>International Play Day—11am-2pm▲ (5-16yrs)</b>
Thursday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
Friday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—1pm-2.30pm (0-5yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Saturday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)
Sunday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)



▲ FREE event

\*\*\* if accompanied by an adult Member



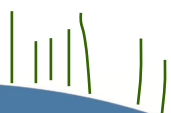
# Week 3: 8 August—14 August



Monday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-12.30pm (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Trampoline Coaching—1pm-3pm (6+yrs)
Tuesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Zumbatomic—1pm-1.45pm (8-15yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Wednesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—11am-12.30pm (0-5yrs)
	Trampoline Coaching—1.30pm-2.30pm (4+yrs)
Thursday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
Friday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—1pm-2.30pm (0-5yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Saturday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)
Sunday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)

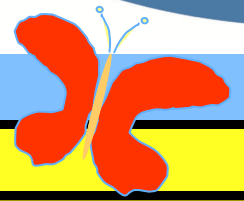


\*\*\* if accompanied by an adult Member



# Week 4: 15 August–21 August

Monday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-12.30pm (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
Tuesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Zumbatomic—1pm-1.45pm (8-15yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
Wednesday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—11am-12.30pm (0-5yrs)
	Trampoline Coaching—1.30pm-2.30pm (4+yrs)
	Eclipse Gymnastics—4pm-5pm (4+yrs)
Thursday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
Friday	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—1pm-2.30pm (0-5yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
	Eclipse Gymnastics—4pm-5pm (4+yrs)
Saturday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)
Sunday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)

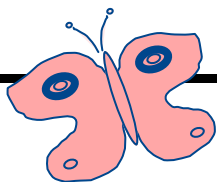


\*\*\* if accompanied by an adult Member

# Week 5: 22 August—29 August



Monday



Swimming Crash Courses—9am-10am (4+yrs)

Crèche—9.30am-12.30pm (0-5yrs)

Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)

Trampoline Coaching—1pm-3pm (6+yrs)

Swimming Crash Courses—9am-10am (4+yrs)

Crèche—9.30am-11.30am (0-5yrs)

Tuesday

Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)

Zumbatomic—1pm-1.45pm (8-15yrs)

Activator Circuit Class—3.30pm-4.30pm (8-15yrs)

Swimming Crash Courses—9am-10am (4+yrs)

Crèche—9.30am-11.30am (0-5yrs)

Wednesday

Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)

Jumpin' Jax—11am-12.30pm (0-5yrs)

Trampoline Coaching—1.30pm-2.30pm (4+yrs)

Eclipse Gymnastics—4pm-5pm (4+yrs)

Swimming Crash Courses—9am-10am (4+yrs)

Thursday

Crèche—9.30am-11.30am (0-5yrs)

Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)

Swimming Crash Courses—9am-10am (4+yrs)

Crèche—9.30am-11.30am (0-5yrs)

Friday

Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)

Jumpin' Jax—1pm-2.30pm (0-5yrs)

Activator Circuit Class—3.30pm-4.30pm (8-15yrs)

Eclipse Gymnastics—4pm-5pm (4+yrs)

Saturday

Activators—1pm-2pm & 2pm-5pm\*\*\* (8-15yrs)

Sunday

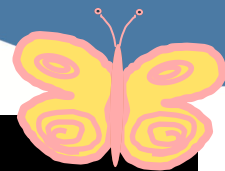
Activators—1pm-2pm & 2pm-5pm\*\*\* (8-15yrs)



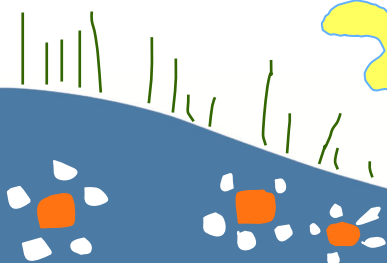
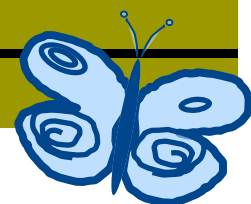
\*\*\* if accompanied by an adult Member



# Week 6: 30 August—4 September



Monday	<b>Bank Holiday—Centre closed</b>
	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
Tuesday	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Zumbatomic—1pm-1.45pm (8-15yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
Wednesday	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—11am-12.30pm (0-5yrs)
	Trampoline Coaching—1.30pm-2.30pm (4+yrs)
	Eclipse Gymnastics—4pm-5pm (4+yrs)
	Swimming Crash Courses—9am-10am (4+yrs)
Thursday	Crèche—9.30am-11.30am (0-5yrs)
	Activators—9.30am-11.30am & 3.30pm-5.30pm (8-15yrs)
	Swimming Crash Courses—9am-10am (4+yrs)
	Crèche—9.30am-11.30am (0-5yrs)
Friday	Activators—9.30am-11.30am & 4.30pm-5.30pm (8-15yrs)
	Jumpin' Jax—1pm-2.30pm (0-5yrs)
	Activator Circuit Class—3.30pm-4.30pm (8-15yrs)
	Eclipse Gymnastics—4pm-5pm (4+yrs)
Saturday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)
Sunday	Activators—1pm-2pm & 2pm-5pm*** (8-15yrs)



\*\*\* if accompanied by an adult Member

# Price List



## Crèche

Our crèche provide a safe, and happy environment so you can be confident your children are in the best care whilst you use our facilities

£2.50\*  
(per hour)

## Trampoline Coaching

A fun and energetic trampolining session, learning many different moves. Open to all abilities. Led by a BG trampoline coach.

£4.00\* 1 hr  
£8.00\* 2 hrs

## Zumbatomic

Great energetic version of Zumba designed with young people in mind.

£2.00

## Activators

Activators gives children the opportunity to work out on the latest cardiovascular fitness equipment in a stylish gym led by a qualified fitness instructor. **First time users must book an induction.**

£1.70\*\*

## Activator Circuit Class

This energetic training class is designed for young people 8-15yrs. Led by qualified staff using great music, the class is guaranteed to put the fun factor into exercise.

£1.70\*\*

## Jumpin' Jax

Jumpin' Jax encourages children to participate in movement over different apparatus including mats, slides, ladders and bouncy castles or to choose to play with toys in a friendly and social environment.

£2.00

## Eclipse Gymnastics

This session has been designed to introduce your child to gymnastics and will teach the basics in floor and vault. Taught by an Advanced British Gymnastics Coach.

£4.00\*

## Swim Crash Courses

Various crash courses and workshops will be running throughout the summer holidays. Please ask Reception for details.

\* Aspirations Family Members receive a 25% discount

\*\* Free to Aspirations Family Members

The full cost of the course must be paid at the time of booking

Please book early to avoid disappointment

CCP reserves the right to cancel an activity at any time

Terms and conditions apply

The Nene Centre, Cedar Drive, Thrapston, NN14 4JY

01832 734090

nene@c-c-p.org.uk